

MISSION STATEMENT

- Do-It Leisure promotes wellness through leisure and encourages quality of life for persons with developmental disabilities through utilization of personal and community resources.
- Do-It Leisure also furthers education of the public on inclusion of persons with disabilities in our community. The continuum of services strives to allow everyone to participate.
- Do-It Leisure has provided programs for people with developmental disabilities since 1975.
- Do-It Leisure cooperates with local community recreation districts (CARD, PRPD, & FRRPD) along with other human service organizations and agencies in an effort to provide quality programs for people with developmental disabilities.
- Our emphasis is on providing quality of life experiences for individuals with developmental disabilities

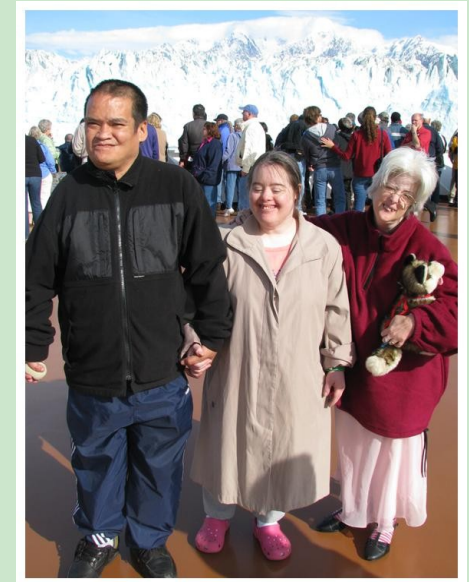


A Division of:



Work Training Center, Inc.

2255 Fair Street
Chico, CA 95928
Phone: (530) 343-7994
Fax: (530) 343-4619
www.wtcinc.org



ALASKA CRUISE ~ 2009

DO-IT LEISURE
2233 Fair Street
Chico, CA 95928
(530) 343-6055
Fax (530) 343-2756

INDIVIDUALIZED PROGRAM

The **INDIVIDUALIZED** program is vendorized through Far Northern Regional Center, which receives funds from the California Department of Developmental Services. The programs are designed to maximize individual growth and give the clients the opportunity to develop new skills. Referred clients are placed in one of two programs and assigned an instructor. The two programs currently offered are Independent Living Skills (ILS) and Group Social Recreation (GSR).



- Independent Living Skills (ILS)

Do-It Leisure instructors assist clients in increasing their individual skills in order to live in the least restrictive environment possible. An assessment is completed to assist persons in establishing and maintaining a positive lifestyle and developing to their fullest potential. Programming may include: self-help skills, personal residence skills, nutrition and cooking, money management, emergency preparedness, comparative shopping, health and safety, personal hygiene, emotional functioning, and communication. Another component of ILS is parenting where we assist clients with learning the many things involved in raising a child and being an effective parent.



PUERTO VALLARTA, MEXICO ~ 2010

- Group Social Recreation (GSR)

The Group Social Recreation Program is generally provided on a 1:2 & 1:3 basis. Groups are formed according to the individual needs of the clients since their levels of social functioning vary greatly and group activities maximize their existing skills and the opportunity to develop new skills. Specific group activities may include, but are not limited to, participation in community based recreational activities, peer socialization, community integration, friendship development, instruction in the creative and constructive use of free time, improving interpersonal skills, community awareness, and development of self-esteem and confidence in personal abilities and skills. The main focus of the Group Social Recreation Program is to aid in the social, developmental, behavioral, physical, and emotional growth of persons with developmental disabilities in a group setting. At the time when the group begins to function independently from the group leader, the group leader will decrease contact with the group and focus on providing support to the group, as needed.

COMMUNITY PROGRAM

The Community Program provides adapted day, weekend, and evening recreational and sports related activities for individuals with disabilities. Year-round activities improve the “quality of life” for all participants because they fulfill their needs for socialization with peers and provide access for out of town recreational activities. Participants may choose to become Do-It Leisure Members by purchasing an annual discount card.

The Community Program provides many activities such as weekend camping trips, craft workshops, out-of-town excursions, six dances throughout the year, weekly bowling classes, extended trips to far-off locations such as Hawaii, Alaska, and Mexico, and various other special events such as BINGO, Karaoke, and Movie nights. The Community Program is supported in part through annual fundraisers, such as the Chico Community 4th of July Celebration in Bidwell Park and the Chico Enterprise Record Summer Adventures Fund drive. Do-It Leisure also sells ChicoBags as an ongoing fundraiser throughout the year.

